



them to your website and lectures.

I admire your life principles and intelligence. I am keeping my end of the deal up and staying the course. I am feeling quite well doing yoga, swimming and physical therapy.

I look forward to my six month follow up. I hope to impress you! *with much gratitude and admiration,*  
Kuster

Dear Dr. Curt,

February 20, 2015

Thank you so much for all of your outstanding care. I marvel at your dedication and devotion. I think of you every day and hear your reminder of "Slowly", "Adagio."

I am so glad I had HSET with you as my doctor. My doctors down here are fascinated with your work. I answer as many questions as possible but always direct