

# EMSP Youth Congress

May 26 - 28, 2010



## Program

### Current Challenges and Opportunities in Europe in the Work for Persons with Multiple Sclerosis

Objectives	<ul style="list-style-type: none"><li>To inform about major aspects of the work of young persons with MS in different countries</li><li>To present and discuss concrete examples of this work</li><li>To provide inspiration for the use of presented experiences at home in their own environment</li><li>To provide a platform for the potential establishment of a sustainable European Network of young persons with MS (YPwMS)</li></ul>
Participants	Young persons with MS representing work with and for YPwMS in their national society.
Venue	Maritim Hotel, Seidenstr. 34, 70174 Stuttgart/Germany

### Wednesday, May 26, 2010

19h00 - 20h30	Opening Reception to Celebrate World MS Day at the New Castle, Stuttgart
21h00 - 01h00	Party with Live Music at the MARITIM Hotel

### Thursday, May 27, 2010

09h15	Welcome and Introduction	<i>Dorothea Pitschnau-Michel</i> President EMSP, Germany
09h20 - 9h50	Empowerment through Adventure	<i>Lori Schneider</i> Person with MS and Conqueror of Mount Everest, USA
9h50	Short Break	10h00
10h00	How Can MS Societies Support Young Persons with MS (YPwMS)?  <u>Lectures:</u> Three National Case Studies on the Work of Young Persons with MS in Different Countries	
	<ul style="list-style-type: none"><li>Survey on Needs and Expectations of YPwMS in Denmark</li></ul>	<i>Susanne Dyrhoff Nyegaard</i> Chairman of the Youth Committee, MS Society, Denmark
	<ul style="list-style-type: none"><li>Involving YPwMS in the MS Society - a National Committee of YPwMS</li></ul>	<i>Dr. Silvia Traversa</i> Coordinator National Program for People with MS, Italy
	<ul style="list-style-type: none"><li>The German Way of Working with YPwMS</li></ul>	<i>Jutta Hirscher</i> Head of PR Department AMSEL, Chapter of DMSG in Baden-Württemberg, Germany <i>Silke Wohleben</i> Social Worker AMSEL Chapter of DMSG in Baden-Württemberg, Germany

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#### EXECUTIVE COMMITTEE

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Christiane Tihon (BE)  
Maleya de Reya (SI)  
Secretary General Christoph Thalheim (BE)

11h00

Coffee Break

11h30

11h30

Continuation of Case Studies

Lectures and Networking:

- The Structure of the Work for and with YPwMS in Denmark
- Latest Developments in our Work with and for YPwMS in Italy
- Developing New Structures – AMSEL in Progress

**Susanne Dyrhoff Nyegaard**  
Chairman of the Youth Committee, MS Society, Denmark

**Dr. Silvia Traversa**  
Coordinator National Program for People with MS, Italy

**Adam Michel**  
CEO AMSEL, Chapter of DMSG in Baden-Württemberg, Germany

**Marion Glatthorn**  
Representative of "Young Initiatives" within the Board of AMSEL, Chapter of DMSG in Baden-Württemberg, Germany

12h45

Lunch Break

14h30

14h30

First Steps for YPwMS at "THEME TABLES", e.g. on

Networking:

- How to Start an YPwMS Network?
- Successful Actions Despite small Budgets
- Family Members of YPwMS – In or Out?
- Support by Social Networking

Facilitators:

**Susanne Dyrhoff Nyegaard**  
Chairman of the Youth Committee, MS Society, Denmark

**Dr. Silvia Traversa**  
Coordinator National Program for People with MS, Italy

**Jutta Hirscher**  
Head of PR Department AMSEL, Chapter of DMSG in Baden-Württemberg, Germany

**Silke Wohlleben**  
Social Worker AMSEL, Chapter of DMSG in Baden-Württemberg, Germany

**Shana Witcomb**  
Volunteer MS Society, UK

16h10

Coffee Break

16h30

16h30

„First Steps“ Themes Continue

17h00

17h00

End of the Youth Congress 2010 – Day One

17h00

19h30

Gala Dinner at the Reithalle, Maritim Hotel  
Special Performance Organised by Prof. Gerdi Sobek-Beutter

23h00

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






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Friday, May 28, 2010 – EMSP Annual Congress and EMSP Youth Congress Together

09h30		<b>Strategies for Innovative Treatment in MS – Benefits and Risks</b> <u>Lectures:</u> <ul style="list-style-type: none"><li>▣ Oral Therapies - Old &amp; New</li><li>▣ Risk Management in MS</li><li>▣ Stem Cells - Therapy Option of the Future?</li></ul>	<i>Prof. Pierre Clavelou, MD, PhD</i> Neurology Montpied University Hospital Clermont-Ferrand, France <i>Prof. Dr. med. Ralf Gold</i> Director, Clinic of Neurology Ruhr-University Bochum, Germany <i>Prof. Richard K. Burt</i> Northwestern University Feinberg, School of Medicine Chicago, USA
11h00	 	<b>Coffee Break</b>	11h30
11h30		<u>Lectures:</u> <ul style="list-style-type: none"><li>▣ Rehabilitation in MS - New European Recommendations</li><li>▣ More Quality of Life for PwMS - Current Role and Potential Developments for MS Nurses in Europe</li></ul>	<i>Prof. Dr. med. Thomas Henze</i> Medical Director, Rehabilitation Center Nittenau, Germany <i>Amy Ross Perrin</i> President International Organization of Multiple Sclerosis Nurses (IOMSN), USA
12h20		<b>Farewell</b>	<i>Dorothea Pitschnau-Michel</i> President EMSP, Germany
12h30	 	<b>Lunch and End of the EMSP Annual Congress and EMSP Youth Congress 2010</b>	14h00
14h00		<b>EMSP Council Meeting – see separate agenda</b> (closed session – only for EMSP member societies)	16h30

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