

The only edit I might have is that a year has since passed and I am now about 7 years post transplant. As a side note this past fall i joined a few folks 5-10 years my junior for a 150 mile trail bicycle ride through the mountains of Pennsylvania and Maryland ending in my original hometown of Pittsburgh! (I am in red) . Please give Dr Burt my best!



Since I won't be back for any more follow-up evaluations, I thought i'd share my 6 yr post transplant status. This past weekend I had 2 birthdays on the same date. On February 9th I turned 62 years of age and celebrated 6 years of a fresh start with a rebuilt immune system. For my "birthdays" I got a new bicycle and I have started riding again. Today for the 1st time in over 7 years I joined a gym and completed a spin class (pre CIDP this was my cardio workout passion) All is well. No meds of any consequence, I see a Neuro about twice a year just as a precautionary follow-up, and live a full life at the beach 1/2 way down the east coast of FL. I fish most days and just recently found myself being able to once again " run" to fishing pole when I had a bite.

Words cannot express my gratitude for the work that Dr. Burt and you all are doing and how it saved me. At 54 I felt more like 40, at 56 close to 90. Now at 62 years of age I am back on track and can run with most of the folks I know that are 10-15 yrs my junior!

Thank you all so much for giving me my life back. Please share with Dr. Burt as well

Pat

