

EVERYDAY MIRACLES

Curing Multiple Sclerosis, Scleroderma, and
Autoimmune Diseases by Hematopoietic Stem Cell Transplant

Prof. **RICHARD BURT, M.D.**

Foreword by HIS HOLINESS THE 14TH DALAI LAMA



DR. RICHARD K. BURT is a Fulbright Scholar, Professor of Medicine at Scripps, a tenured retired Professor at Northwestern, and CEO of Genani Biotechnology. He has published more than 145 mostly first-author articles, edited four medical textbooks, was the first Autoimmune Committee Chairperson for the International Bone Marrow Transplant Registry and was the principal investigator of a National Institutes of Health (NIH) \$10,000,000 multicenter contract to develop stem cell clinical trials for autoimmune diseases. Dr. Burt performed America's first hematopoietic stem cell transplant for multiple sclerosis, scleroderma, systemic lupus erythematosus, Crohn's disease, stiff person syndrome, rheumatoid arthritis, and chronic inflammatory demyelinating polyneuropathy, and published the world's first randomized clinical stem cell transplantation trials for systemic sclerosis and multiple sclerosis.

Dr. Burt has been awarded Leukemia Scholar of America, the Lupus Foundation of America Fidelitas Award, the van Bekkum Award by the European Society for Blood and Marrow Transplantation (EBMT), the Distinguished Clinical Achievement Award by the Clinical Research Forum, the EBMT Clinical Achievement Award, and the "Keys to the Vatican" in Rome. He has spoken at numerous conferences including the Festival of Thinkers in the United Arab Emirates and chaired the biotechnology session at the Baku Azerbaijan International Humanitarian Forum.

Dr. Burt was recognized by *Science Illustrated* for accomplishing one of the Top 10 medical breakthroughs and by *Scientific American* as one of the Top 50 individuals for improving humanity and outstanding leadership.

LEARN MORE ABOUT DR. BURT AND HSCT AT
www.AStemCellJourney.com

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ADVANCE PRAISE FOR **EVERYDAY MIRACLES**

"Propelled by compassion and intellect, Dr. Richard Burt's journey of scientific discovery led to a breakthrough treatment for autoimmune disease resulting in hundreds of sufferers living disease-free. As a catastrophic illness survivor, there is much to gain from following Dr. Burt's lead in challenging conventional wisdom."

—**U.S. Senator Mark Kirk**

"The author's fascinating journey takes us on our own discovery of humanity and medical and healthcare systems and structures for advancing knowledge and healthcare. Dr. Burt has a unique voice and powerful stories to tell."

—**Professor Henry Bienen PhD**, President Emeritus, President Northwestern University

"*Everyday Miracles* is an engaging explanation of a new treatment that has fundamentally changed the natural history of autoimmune diseases. It is out-of-the-box thinking that advances science and medicine with a depth of conscience. Its impact extends well beyond these diseases and patients."

—**Dominique Farge MD, PhD**, Professor of Medicine, Université Paris-Cité, France

"In *Everyday Miracles*, Professor Richard Burt, the preeminent physician-scientist in the field of stem cell transplantation for autoimmune diseases, offers insight through a beautifully written humanistic book into a pathway for hope and cures."

—**James Mason MD**, Professor of Medicine, Scripps Clinic, USA

"I found this book to be both moving and insightful. Its heartwarming stories give an accurate reflection of the true cost of this devastating illness and the human ingenuity [needed] to find a cure. This is an essential read for everyone."

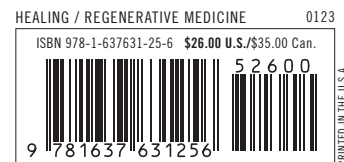
—**Basil Sharrack PhD**, Professor of Neurology, University of Sheffield, UK

"Dr. Burt understands the terrible toll of autoimmune conditions—the pain of gradually losing one's essential self to MS or Crohn's disease—and has dedicated his life to finding a new answer. It's a must-read."

—**Caroline Wyatt**, Award-winning International Broadcaster and Journalist

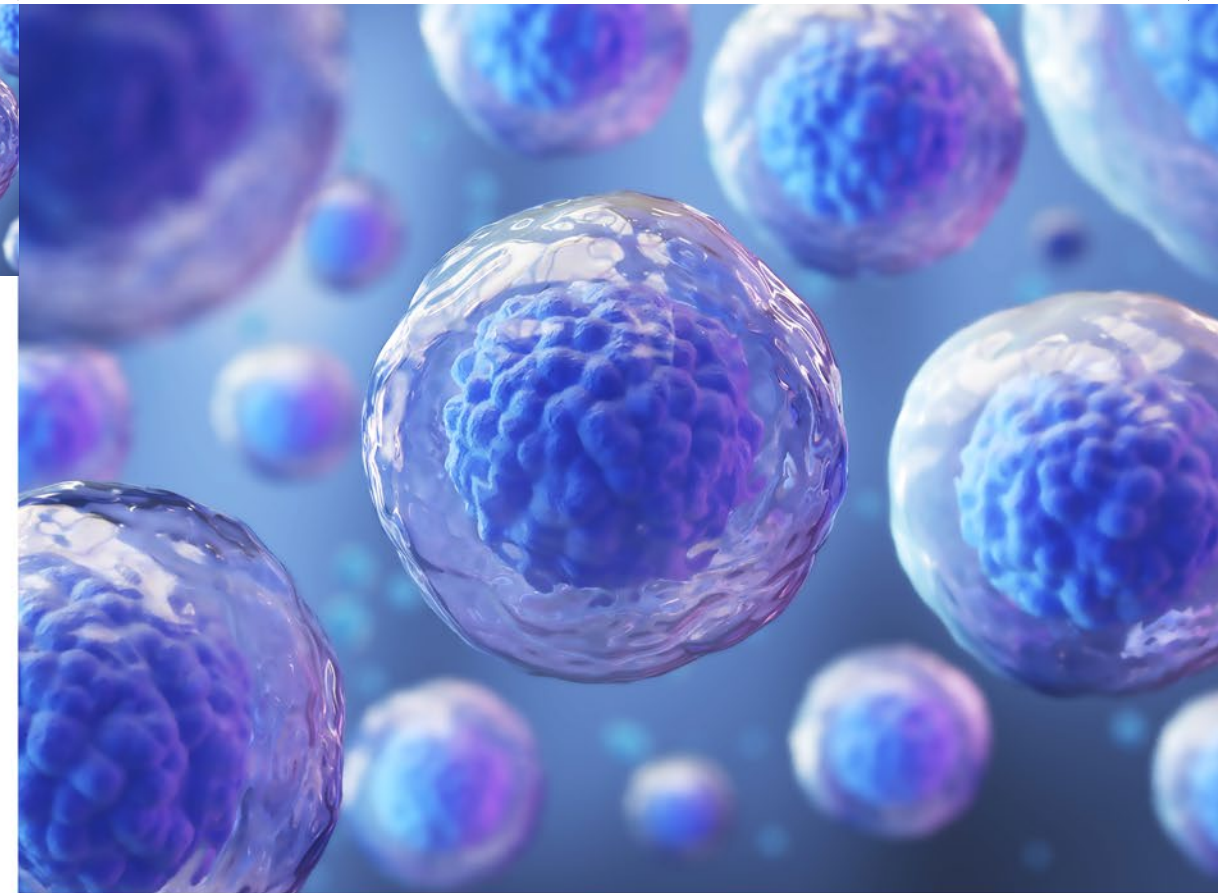


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A life-changing treatment is conquering autoimmune disorders—why doesn't anyone know about it?

THIRTY-FIVE YEARS AGO, Dr. Richard Burt began a journey to treat chronic autoimmune diseases as they'd never been treated before. Using a treatment originally developed for leukemia but modified to be more gentle—a one-time combination of immune targeting drugs followed by a transplant of the patient's blood stem cells—he has documented the successful and often dramatic reversal of multiple sclerosis, systemic sclerosis (scleroderma), chronic inflammatory demyelinating polyradiculoneuropathy (CIPD), neuromyelitis optica, and Crohn's disease.

After decades of study and randomized trials, his approach, which has been duplicated in other parts of the world, is finally being recognized as an effective means of reversing these "incurable" diseases. Some of his patients have been symptom-free for more than twenty years, and in this book Dr. Burt tells their stories alongside his own journey of developing and refining the treatment, known as hematopoietic stem cell transplant (HSCT) for autoimmune disorders. "These patients are the heroes," Dr. Burt has said. "Their bodies and spirits faced unrelenting disease, and yet they fight valiantly against the suffering and obstacles."

What is HSCT? How does it work? What are the risks? Why aren't more doctors talking about it? And why is it still out of reach for so many patients who could benefit from it? Dr. Burt answers these questions and many more. Written for the layperson, *Everyday Miracles* grants patients with autoimmune diseases and the people who love them insights into the revolutionary approach that could convert their life sentence into a one-time reversible illness.